



Nurturing Parenting Program – Home Based For Parents and Their Infants, Toddlers and Preschool Children Ages 0-4

What is Nurturing Parenting?

Nurturing parenting is the ability to care for and foster growth in yourself and others.

All of us, both adults and children, need rules and limits.
We also need understanding, warmth, respect, and praise.
All of these are part of nurturing.

Nurturing parenting is the basis for the family relationship to produce the next generation of healthy, responsible, and self-supporting adults.

The Nurturing Program is a 24-week parenting education class, offered at **NO COST** to families. The program is home-based. Parents and children learn to handle feelings, communicate needs, understand each other better, take charge of their own behavior, feel good about themselves, enjoy each other, and have fun. Practical, effective techniques are taught for handling challenging behavior and conflicts.

Who is the Nurturing Program for?

The Nurturing Program is for Miami-Dade County families with infants, toddlers and preschool children (**ages 0-4 years**) that want to get along better, communicate more and feel closer to each other.

For more information or to enroll, please call:

Anabel Espinosa or Jackie Ruisanchez @ 305-749-8626

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